



DERMAHEALTH
DERMATOLOGY & DERMASURGERY
The Pacific Northwest Skin Expert

Post-Surgical Care Instructions

- Keep pressure dressing on for 48 hours. Do not allow the dressing to get wet.
- Avoid any physical activity for the first 48 hours & then limit use of the site until sutures are removed.
- While sutures are in, do not soak in water (bath, swimming pool, etc).
- After 48 hours, gently clean site daily with hydrogen peroxide or gentle soap and water.
- Apply topical ointment daily (Avene Cicalfate, Aquaphor, Vaseline, etc) & keep covered with a bandage for 1-2 weeks. Use NEOCUTIS BioSerum twice daily for scar reduction.
- Change bandage daily (after the first 48 hours).
- If you have any questions or concerns, develop any fevers, chills, bleeding, or severe pain, please contact us immediately at 509-783-2004. If after hours, please go to the nearest urgent care facility.

**Call our office if you have not received
your biopsy report within 2 weeks.**

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